

LifePlex Grand Ball



Saturday ~ September 19, 2009

Group Dance Lesson: 5:00pm "Fox Trot"

Catered Dinner: 6:00pm

Entertainment & Social Dance: 7:00pm ~ 9:00pm

RSVP by Sep. 16th

- * Tickets can be purchased at Fitness Forum Sports & Wellness Front Desk ~ by September 16, 2009
- * CD quality dance music provided by Professional D.J. Kevin Guy
- * Open to Public ~ Perfect for Date Night, Father and Daughter time, Singles ~ Ladies or Gentlemen Night Out
- * Variety of Music for Social Dancing, Freestyle or Line Dancing. ALL Dancers and Non Dancers Welcomed ~
- * Be a "Table Host" purchase 5 tickets get one FREE! \$45.00 Value!
- * Proceeds donated to the LifePlex Institute for Health and Wellness Membership Fund

Cost: \$45.00 per person (Adult)

\$35.00 per person (Child 5-12 years old)

Attire: Formal ~ Tuxedo Optional

fitnessFORUM 
sports & wellness

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